# A Retrospective Real-World Analysis Demonstrating the Value of Azstarys for Patients With Attention-Deficit Hyperactivity Disorder

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## INTRODUCTION

- Serdexmethylphenidate/dexmethylphenidate (SDX/d-MPH; Azstarys<sup>®</sup>) is a once-daily treatment approved by the US Food and Drug Administration in 2021 for the treatment of patients aged  $\geq 6$  years with attention-deficit hyperactivity disorder (ADHD).
- SDX/d-MPH contains 70% SDX, a novel prodrug of d-MPH hydrochloride, and 30% d-MPH.
- Efficacy and safety of SDX/d-MPH were reported in a pivotal laboratory classroom study of 6–12-year-old children with ADHD.<sup>1</sup>
- The goal of this analysis was to determine real-world treatment patterns of SDX/d-MPH use among patients with ADHD.

### OBJECTIVE

• To quantify the value of SDX/d-MPH for patients with ADHD with real-world data from the large-scale Komodo<sup>®</sup> Healthcare Map database.

## **METHODS**

### **Study Design**

- Retrospective analyses were performed on data from open and closed insurance claims datasets spanning ~15 months (January 2021 to March 2022) to evaluate treatment patterns and use in patients with ADHD.
- Patients were identified based on the diagnosis of ADHD (≥2 International Classification of Diseases-10 [ICD-10] codes for ADHD) or through a fulfilled prescription for SDX/d-MPH.
- Patients were required to be continuously enrolled in a health care plan with both medical and prescription coverage during the study period.
- Patients with at least 90 days of stability on SDX/d-MPH were analyzed for treatment patterns.
- Users of methylphenidate long-acting (MLA), amphetamine long-acting (ALA), and lisdexamfetamine products were identified via the presence of a minimum of 2 claims including 1 of the listed ADHD ICD-10 diagnoses codes; at least 1 fulfilled prescription claim for an MLA, ALA, or lisdexamfetamine product; and no fulfilled prescription claim for SDX/d-MPH.

### RESULTS

Patient characteristics. 
 Table 1

	SDX/d-MPH users	MLA users	ALA users	Lisdexamfetamine users	All patients treated for ADHD
Sample size	3367	810,582	1,045,162	943,825	3,568,005
Age, mean (SD), y	19 (13)	17 (11)	27 (15)	25 (14)	26 (15)
Age distribution, n (%) 0-5 y 6-12 y 13-17 y 18-35 y 36-55 y 55+ y Unknown	8 (0) 1299 (39) 970 (29) 629 (19) 395 (12) 66 (2) —	3925 (0) <sup>a</sup> 358,796 (44) <sup>b</sup> 244,819 (30) 142,241 (18) 46,675 (6) <sup>b</sup> 14,126 (2) —	1964 (0) 179,701 (17) <sup>b</sup> 164,060 (16) <sup>b</sup> 410,087 (39) <sup>b</sup> 237,708 (23) <sup>b</sup> 51,640 (5) <sup>b</sup> <5 (0)	1629 (0) 194,641 (21) <sup>b</sup> 199,692 (21) <sup>b</sup> 332,598 (35) <sup>b</sup> 179,306 (19) <sup>b</sup> 35,959 (4) <sup>b</sup> —	16,889 (1) 800,014 (22) 650,880 (18) 1,166,981 (33) 742,424 (21) 190,812 (5) <5 (0)
<b>Sex, n (%)</b> Male Female Unknown	2026 (60) 1341 (40) 0	521,932 (64) <sup>b</sup> 288,588 (36) <sup>b</sup> 62 (0)	529,997 (51) <sup>b</sup> 515,074 (49) <sup>b</sup> 91 (0)	497,430 (53) <sup>b</sup> 446,297 (47) <sup>b</sup> 98 (0)	1,914,806 (54) 1,652,853 (46) 346 (0)
Patient insurance, n (%) Commercial Medicaid Medicare Dual Other Unknown	1462 (43) 568 (17) 10 (0) 0 13 (0) 1376 (41)	294,956 (36) <sup>b</sup> 335,926 (41) <sup>b</sup> 3269 (0) 293 (0) 2164 (0) 192,593 (24) <sup>b</sup>	528,790 (51) <sup>b</sup> 264,325 (25) <sup>b</sup> 9395 (1) <sup>b</sup> 843 (0) 3647 (0) 259,346 (25) <sup>b</sup>	457,898 (49) <sup>b</sup> 281,716 (30) <sup>b</sup> 6123 (1) <sup>c</sup> 435 (0) 3565 (0) 214,020 (23) <sup>b</sup>	1,691,643 (47) 1,038,333 (29) 41,976 (1) 3141 (0) 11,840 (0) 856,120 (24)
US geographical region, n (%) Northeast Midwest South West Unknown	55 (2) 438 (13) 2347 (70) 117 (3) 410 (12)	121,885 (15) <sup>b</sup> 187,754 (23) <sup>b</sup> 351,430 (43) <sup>b</sup> 103,676 (13) <sup>b</sup> 45,837 (6) <sup>b</sup>	184,866 (18) <sup>b</sup> 259,829 (25) <sup>b</sup> 356,216 (34) <sup>b</sup> 159,473 (15) <sup>b</sup> 84,778 (8) <sup>b</sup>	106,202 (11) <sup>b</sup> 221,675 (23) <sup>b</sup> 431,548 (46) <sup>b</sup> 104,228 (11) <sup>b</sup> 80,172 (8) <sup>b</sup>	536,647 (15) 851,464 (24) 1,423,311 (40) 472,435 (13) 284,148 (8)

ADHD, attention-deficit hyperactivity disorder; ALA, amphetamine long-acting; MLA, methylphenidate long-acting; SD, standard deviation; SDX/d-MPH, serdexmethylphenidate/dexmethylphenidate <sup>*a*</sup>P < .05. <sup>b</sup>P < .001.

<sup>c</sup>P < .01.

- Of the 3,568,005 patients with ADHD, 3367, 810,582, 1,045,162, and 943,825 were users of SDX/d-MPH, MLA, ALA, and lisdexamfetamine products, respectively (**Table 1**).
- In the SDX/d-MPH, MLA, ALA, and lisdexamfetamine cohorts, the mean ages of patients were 19, 17, 27, and 25 years, respectively; 68%, 74%, 33%, and 42% of patients were aged <18 years.
- In the SDX/d-MPH, MLA, ALA, and lisdexamfetamine cohorts, 60%, 64%, 51%, and 53%, respectively, were male.
- Patients treated for ADHD in this study were predominantly covered under a commercial or Medicaid insurance plan (47% and 29%, respectively).
- Patients using SDX/d-MPH were mostly from the southern region of the United States as compared with the overall cohort treated for ADHD (70% vs 40%). The regional difference reflects the commercial launch of SDX/d-MPH in 2021 that primarily focused on the southern region.

### Table 2. Patient treatment characteristics by cumulative time-interval during the 90 days after SDX/d-MPH initiation.

Patient treatment characteristic	Patients with at least 90 d of stability on SDX/d-MPH (n = 138)			
	Days 1-30	Days 1-60	Days 1-90+	
Patient size, no. of unique patients	138	138	138	
Distribution by treatment class and type by patient line, n (%) With concomitant use of SA treatment Without concomitant use of SA treatment MSA treatment ASA treatment	10 (7) 128 (93) 8 (6) <5 (1)	14 (10) 124 (90) 12 (9) <5 (1)	15 (11) 122 (89) 14 (10) <5 (1)	
<b>Treatment persistence</b> Mean % of days <sup>a</sup> covered by SA treatment Median % of days <sup>a</sup> covered by SA treatment Patients with SA treatment throughout the entire stability window, n	65 72 3	53 48 2	48 37 1	

ASA, amphetamine short-acting; MSA, methylphenidate short-acting; SA, short-acting; SDX/d-MPH, serdexmethylphenidate/dexmethylphenidate Percentage of days covered is calculated based on fixed look-forward windows (1-30 d, 1-60 d, and 1-90 d) for all patients. Statistical testing was not performed because of small sample sizes.

- Most SDX/d-MPH users (89%) received SDX/d-MPH without any supplementation with short-acting treatments during the 90-day period after SDX/d-MPH initiation (Table 2).
- During the first 90 days of SDX/d-MPH use, approximately 11% of patients had concomitant use of SDX/d-MPH and a short-acting treatment.
- Among patients with concomitant short-acting treatment, the need for persistent short-acting prescription is low.

### CONCLUSION

 Most patients transitioning to SDX/d-MPH did not require persistent use of concomitant short-acting ADHD medications over the 90-day period after SDX/d-MPH initiation.

### REFERENCES

1. Kollins SH, et al. J Child Adolesc Psychopharmacol. 2021;31(9):597-609.

### DISCLOSURES

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